

Year 7 Newsletter Week beginning 11th May 2020

Welcome to our third edition of the Year 7 Newsletter! We hope you enjoyed last week's copy and got stuck into the omelette and the ten question quiz.

We are receiving a lot of great work shared by students, parents and staff!

Please keep your messages, emails and pictures coming!

We have a new tutor group winner for last week – Well done to Mr Field's tutor group RF!

Tip of the Week

Screens and Sleep

At least one hour before bed time, ensure that tablets, smart phones and laptops are put away. This will help your brain power down and prepare itself for sleep. Reading and low volume music are two healthy ways to help you ease into a good sleep.

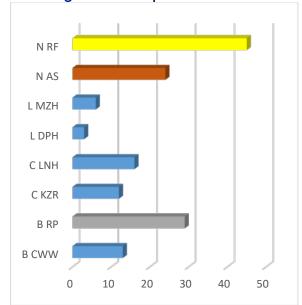
Give it a go ©

In the News...

Shine a Light!

The public has been asked to "shine a light" on Tuesday to mark International Nurses Day (12th May) and the 200th anniversary of Florence Nightingale's birth. This will be done this year to recognise the efforts of nursing professionals around the world as they help to tackle coronavirus.

IMPACT Tutor Group Race! Week 3 All change at the top – RF the winners!



The best websites and apps to support lockdown learning...

Helpful Websites for all subjects:
 https://www.bbc.co.uk/bitesize
 https://www.thenational.academy/
 https://app.senecalearning.com/courses



https://www.s-cool.co.uk/ https://quizlet.com/en-gb https://www.pinterest.co.uk/ https://www.youtube.com/



Helpful Apps: iMathematics Memrise Chegg Flashcards+ iMindMap Pocket Notes





This Week's Challenges...

Sometimes, it is important to step back from school work and to challenge your brains in a different way! You might find the following challenges a nice way to break up the workload and do something fun with your loved ones.

Please send in pictures of your attempts at any of these recipes or of any that you decide to bake in the kitchen!

We would like to hear from students about the things they've done well. Whether this is a picture of work they are particularly proud of, something they've achieved or even a meal they've cooked.

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This Week's Recipe: Vanilla Cupcakes!

Ingredients

110g softened butter

110g golden caster sugar

2 large eggs

½ tsp vanilla extract

110g self-raising flour

For the buttercream...

150g softened butter

300g icing sugar

1 tsp vanilla extract

3 tbsp milk

Instructions

- 1) Heat oven to 180C/160C fan/gas 4 and fill a 12 cupcake tray with cases.
- 2) Using an electric whisk beat 110g softened butter and 110g golden caster sugar together until pale and fluffy then whisk in 2 large eggs, one at a time, scraping down the sides of the bowl after each addition.
- 3) Add ½ tsp vanilla extract, 110g self-raising flour and a pinch of salt, whisk until just combined then spoon the mixture into the cupcake cases.
- 4) Bake for 15 mins until golden brown and a skewer inserted into the middle of each cake comes out clean. Leave to cool completely on a wire rack.
- 5) To make the buttercream, whisk 150g softened butter until super soft then add 300g icing sugar, 1 tsp vanilla extract and a pinch of salt.
- 6) Whisk together until smooth (start off slowly to avoid an icing sugar cloud) then beat in 3 tbsp milk.
- 7) If wanting to colour, stir in the food colouring now. Spoon or pipe onto the cooled cupcakes.

This week's puzzle:

Riddle

"Two fathers and two sons go on a fishing trip. They each catch a fish and bring it home. Why do they only bring three home?"

Maths Challenge

	+		=	8
+		+		
	-		=	6
=		=		
13		8		

Find out the answer!

What are the 10 most populated countries in the world?

Do you want to contribute to next week's newsletter in return for IMPACT points?

You can create a quiz, a challenge task or a puzzle. If you send this to the email address above (from your school email account), we will add your submission to the next newsletter!



And finally....



We all love to see what our students are getting up to at home, excelling in all kinds of ways!

Please keep the pictures coming to your subject teachers or tutors on Showmyhomework. I ammore than happy to receive emails from parents with attached pictures of work and fun activities at home! Mr.Allen

