Sixth Form Student Bulletin Week beginning Monday 10th February 2020 (Week B)

Good Luck with your exams this week. It was great that so many of you (one fifth of the 6th Form) came in to revise on Saturday.

A few reminders about the mocks most of which will take place in Hall 1 or Hall 2.....

- If you are unwell please speak to one of us or get your parents to ring in- please get a doctor's note if you are missing an exam
- Any concerns or worries please let us know
- Remember the invigilators are there for you if you are at all unsure about anything during your exam please ask one of them
- Please arrive promptly at the exam venue 8.50am for a 9.00 am start and
 12.50pm for a 1.00pm start
- Exams will be held in H1 or H2, Community Room or separate room please check with Mrs Booth if you are unsure where your exam will be taking place.
- Please be considerate to those around you during the exam....use tissues, don't tap or rock on your chair etc
 - ➤ 14th February break up at the end of school for half-term- have a great week and a proper rest!
 - > 3rd March- Mock Results Assembly
 - > 9th 13th March Sport Relief Week
 - > 12th March Year 12 and 13 Parents' Evening

Phones

- Is it time to give up your phone for a few hours each day?
- The quality of your revision will improve dramatically if your brain is allowed to focus on the tasks associated with revision rather than the constant demands to communicate, observe, comment etc etc etc.....
- Mrs Booth has a telephone box and is happy to look after phones for you.

Charity Matters

1. Wow! You are amazing, by wearing pink and selling cakes you raised just under



£360.00 in aid of

2. Please continue to sell roses and sweets for The Emily Barker Trust Fund. Those of you without exams please get selling at break and lunchtimes this week. On 14th February (Valentine's Day) roses and sweets will be hand delivered around school -so if you don't have an exam on the Friday please let Mrs Booth know.

University Offers

Please don't reply to offers until you have discussed them with your tutor and Mrs Livings. I have been really pleased with the number of you asking to talk through offers. This is a massive decision and needs lots of thought and weighing up what is best for you. I will talk to all of you going to university about accommodation, after half term.

The Common Rooms and Study rooms

The Common Room is open until 6.00pm each day

Thank you for the care and consideration exercised in the Common Room.

Study rooms

If you have a group task that is going to involve you needing to talk to each other, during study periods, please see Mrs Booth who will do her best to find a space in school for you to work.

Please always treat all classrooms with respect and be aware that staff often want to work in their non-contact room in a classroom, so please check they are ok with you also working there.

New notice for Year 12 and 13 Girls

Free Sanitary Towels are available in locker cabinet S14 (4th locker down). This is a new government initiative to make sure all girls have access to products during their periods. The aim is for anyone who may have financial difficulty buying such products to be able to get them in school.

<u>Signing in and out:</u> Thank you for signing in and out of school. This is essential from a safeguarding point of view

School security:

Please do not open the secure doors by the main entrance for anyone and if you realise that you have done so then alert the reception staff

Please wear your lanyard at all times in school.



The 6th Form recycling programme

 Please use the boxes in the common room to recycle to pens, highlighters and tippex as well as crisp packets.

A Mathematics message from Mr Jolly

Maths Drop-in Sessions Every Thursday 15:05-16:00 in T12: Maths Drop-in Sessions will run every Thursday until the final exam in the summer. These sessions are a superb opportunity to maximise the effectiveness of the independent study you are doing by giving you individual support and advice from our team of highly experienced teachers. Sessions are open to any student studying Mathematics in the 6th Form, whether it is A-level, AS-Level or GCSE, Further Mathematics or Mathematics. This is not a lesson, you can drop-in for as long as you wish, there are no set tasks, you simply bring the work you are finding difficult and get the support you need to be successful. We look forward to seeing you there, Mr Jolly on behalf of the KS5 Maths Team.

Psychology and Sociology revision

Sociology with Miss Bird 3.15pm-4.00pm...then Year 13 Sociology in H10 with Mrs Livings at 4.00pm

Psychology with Miss Bird 4.00pm-4.45pm



Happy Birthday to:

Jack Lamb – 11th February

Ben Curtis and Nicole Moult – 14th February

Enrichment (We need to know where you are....)

YOU MUST SIGN OUT WITH MRS BOOTH IN THE COMMON ROOM if you finish before 3.05pm.

Financial help in the Sixth Form

If you think you may qualify for a financial payment, please use the following link https://www.kimberleyschool.co.uk/sixth-form/ If you have received free school meals in Year 11 or your parents have an NHS Exemption certificate you will certainly be entitled to a monthly payment from school to help you. Additionally, if your parents earn less than £20,000 you will be entitled to help. If the household income is less than £25,000 you may also get some help. If you have received free school meals in the past you are entitled to them again, from the 6th Form canteen. Please talk to Mrs Booth if you are worried about this.

Thanks for the Joke this week to Conner Innes if anyone else has a good joke for the bulletin – please send it to Mrs Booth

Joke of the week: What did the stamp say to the envelope on Valentine's Day?

<u>School Nurse:</u> The school nurse is available every Wednesday lunchtime, to offer confidential advice and support.

Emails

Please keep checking your emails, these are a vital tool for helping us communicate important information to you. If you have any problems with your school email account, please go and see our ICT staff or mention it to Mrs Booth.

SMHW: You should all have login details for this, please see Mrs Booth if you have forgotten yours.

Ready to learn

Teachers will normally set you work that involves preparing for the next lesson, such as reading through the next topic and making notes on the content of the forthcoming lesson. If you fail to do this you will not be ready to learn and your progress, given the amount of sheer content at A Level, will be seriously affected. Please be, 'Ready to Learn'.

Year 12s – Community Service

The easiest to arrange is helping in one of your study periods in a lesson with younger students. So see a member of staff you would like to work with and ask.

Miss Charlton always needs volunteers to help at the Tea and Toast Breakfast Club during the week, especially on Monday and Thursday mornings, from 8:15am until 8:40. Please see Miss Charlton if you are interested in supporting her club.



<u>Lockers</u>: If you would like a sixth form locker please see Mrs Booth. We need a deposit of £5 which you will get back when you return the key.

Joke Answer : I'm stuck on you!

Tea and Coffee in the Common Room



Please use the honesty box and pop in as much as you can every now and again. PLEASE WASH YOUR CUPS AND KEEP THE AREA CLEAN AND TIDY

Safety alert: Hot drinks-please don't walk around school with hot drinks unless they are in a covered top cup.

<u>Please do not take holidays in term time.</u> Please do not book holidays during term time. Please talk to your parents about this. Year 12 break up for the summer on 24th July next year so please ensure your parents know this. A2 courses start as soon as AS exams are over.

New Opportunities:

For Year 13s who haven't applied to university a degree level apprenticeships is a great option.

Please come on a Friday after school for help applying. For Year 12 students taking the Level 2 course you may well be starting to think about Level 3 Apprenticeships- again see me for help on a Friday after school please.

<u>Level 3 Apprenticeship opportunity:</u> A parent of an ex- student has sent details of an apprenticeship he has available at his firm. Please see Mrs Livings for details and for information click on the pdf link





<u>Level 2 apprenticeships in optical and pharmacy</u> in various locations with Boots are open for registering interest.

BBC trainee schemes and apprenticeships are open for applications to a variety of roles.

Trainee accountant apprenticeship (AAT qual) at Mazars, Nottingham. Starts September 2020. Apply now.

Nestle engineering apprenticeship (level 3). September 2020 start in Tutbury, Staffs. Plus more vacancies in a variety of roles and locations.

The Government Economic Service Degree Apprenticeship Programme (GES-DAP) opens in December.

This is an opportunity to work in a central government department or agency while studying for a degree in economics with the University of Kent.

Visit <u>Amazing Apprenticeships Time to Apply</u> for more vacancies including Arts Council in Nottingham, Severn Trent in the East Midlands, Rolls Royce in Derby and many more nationwide roles. <u>Cyber Discovery</u>, a UK government-backed cyber security programme for teenagers is now open to students from aged 13. It offers a free, online training programme aimed at inspiring the next generation of cyber security stars.

INVESTIN is advertising a range of opportunities- please look out for an email about them all.....here are a few of the opportunities

InvestIN is proud to present a range of programmes which will give your students an immersive experience of some exciting creative industries this term: Filmmaking, Marketing, Journalism and Public Relations. Creative industries make up more than 5% of the UK's GDP and employment rates in this sector are growing at around twice the rate of the rest of the economy. We therefore consider these industries to be highly-valuable career options for artistic young minds.

The professionals coaching students on these programmes will include: the Head of Marketing at Red Bull, a Channel 4 News Reporter, and a Recruitment Manager for the forthcoming James Bond movie.

The Young Filmmaker Programme

UCL: 14th-15th March

The Young Marketing & PR Programme

UCL: 28th-29th March

The Young Journalist Programme

UCL: 8th March

Year 12s thinking of university......An opportunity at Cambridge University....

Claire Collins who left last year and is studying English at Corpus Christi College Cambridge has emailed the following information- if you are interested please see Mrs Livings so that sh can nominate you.

March Masterclasses

Explore your subject.

We're excited to again be offering our popular series of Subject Masterclasses in March 2020, aimed at giving attendees the opportunity to delve into a subject of their interest and gain insight into what it is like to study at Cambridge. All of the sessions are delivered by leading Cambridge University researchers, and each Masterclass includes a tour of the college, a talk on preparing a competitive application to Cambridge, and lunch in our newly restored dining hall with current undergraduate students.

The <u>provisional programmes</u> for the 2020 Corpus Masterclasses are now available, with subjects following the schedule below.

- Friday March 13: Anglo Saxon History and Literature
- Monday March 16: A Life of Medicine
- Tuesday March 17: Chemistry
- Wednesday March 18: Classics
- Thursday March 19: European Film
- Friday March 20: English Literature
- Monday March 23: Power and Peace
- Tuesday March 24: Engineering
- Wednesday March 25: Theology and the Philosophy of Religion
- Thursday March 26: History
- Friday March 27: Philosophy

Eligibility: Students should be in year 12 (or equivalent), currently studying at a state school, and on track to achieve at least AAA at A level or 41 overall in the IB.

Nominations: Nominations for a place on one of our Corpus Masterclasses must be made by a teacher by filling out the <u>nomination webform</u>. Nominated students should be academically strong and capable of achieving high examination results in their A-level (or equivalent) qualifications. A school can nominate *up to three students* per Masterclass. In the event that a Masterclass is oversubscribed, we will allocate the places randomly. The closing date for nominations is February 28th 2020.

Timing: All of the Masterclasses will run from approximately 10.00am and wrap up by approximately 3.30pm

Cost: There is no charge for our Masterclasses, and a free lunch in the Corpus dining hall is included. We are not able to cover travel expenses to Cambridge, however students who are either (a) In Care or (b) currently eligible for Free School Meals (FSM) may be eligible for reimbursement. Please contact the admissions office admissions@corpus.cam.ac.uk for advice.

Interested in a career in health care.....?

Find out More



One Day Events for students 14-18

Ideal for students looking to gain an introduction to healthcare careers & giving them an intro to work experience

Find Out More



Weekend Events in London for students 14-15

Ideal for younger students, an intensive weekend in London covering applications and providing work experience for students

Find Out More





Our flagship project, 1 or 2 week residential summer projects for students in London

Find Out More



2-week summer courses overseas for students 16-18

Experience healthcare careers overseas on our fully supported and guided 2 week overseas projects

Find Out More

Message from Mrs Andrews:

Are you 16-30? Get access to multiple discounts, work experience opportunities and a FREE £5 voucher today!

The Young Co-operators Network has launched <u>TODAY</u> for 16-30-year olds. This network enables you to share your thoughts and ideas and have a real influence on the society. We make sure your voice is heard and just know that we recognise the real value of your opinions. See below the benefits of joining the Young Co-operators Network:



Head to the new website <u>here</u> and for further information please speak to <u>marnie.richards@midcounties.coop</u>

<u>News Items of the week:</u> with a lot of worrying stories in the news, from coronavirus to the gunman in Thailand and storm Ciara, I thought you would welcome a couple of good news stories at the start of mock week....

https://www.bbc.co.uk/news/av/technology-51400415/you-re-a-good-dog-robo-pup-helps-people-with-dementia

'You're a good dog': Robo-pup helps people with dementia

Jennie the robotic dog has sensors and voice control to interact with people and her behaviour is customisable via a phone app.

She is used as part of live animal therapy for people living with dementia

Strictly Come Dancing's first 'relaxed' live show brings delight

Alfie Cutting has always wanted to see the Strictly Come Dancing live show but often finds it too stressful because of his autism.

So he was delighted when the dancers brought their first accessible show to Nottingham and he got to meet judge Craig Revel Horwood.

Alfie, from Derby, said: "I think autistic people or people with learning difficulties do need more things like this and I like that it is happening."

https://www.bbc.co.uk/news/av/uk-england-notting hamshire-51418282/strictly-come-dancing-s-first-relaxed-live-show-brings-delight

Thoughts for the Week:

Here are some great ideas for managing exam stress too:

- "Fight or flight" hormones in our body are released when we're stressed. Physical activity can help combat this by releasing endorphins and returning your body to a relaxed state.
- You're more prone to stress when you're tired. Try to distract your brain from worries a few hours before bed by doing some calming activities such as reading a book or having a hot bath.
- Learn to say "no" and prioritise the things that are most important to you. Sticking to the most essential tasks will prevent you from feeling overwhelmed.
- Remember to eat have proper breakfasts and eat fruits and veg. Fuel your brain as well as your body no once can think straight on only coffee and chocolate!

If you're struggling with revision this week – try the following tips:

- Teach someone else. It's a good way to spot gaps in your knowledge and the person you're teaching may ask questions that you might not have previously considered.
- Use coloured pens in your notes. Colour coordination may help you recall a mental picture of your notes.
- Test yourself. Think of some exam questions and answer them without your notes. Don't be afraid to include questions from the areas you find most challenging.
- Make posters. Use words and facts rather than writing out whole sentences. Include images that make the poster more memorable.

And

