

Year 10 – Health and Wellbeing		
Date	Content	Curriculum Area
Autumn Term	Everybody has Mental Health Assembly and Tutor Task	Learning for Life Programme
Autumn Term	Dealing with Stress and Anxiety	Tutor Programme
Autumn Term	Healthy Eating	Tutor Programme
Autumn Term	Body Dysmorphia	Tutor Programme
Autumn Term	Bereavement	Tutor Programme
Spring Term	Knife Crime	Learning for Life Programme
Spring Term	Safer Internet Day	Learning for Life Programme
Ongoing	Healthy and Safety	Art, Design and Technology, Music
Year 10 – Core Theme 2: Relationships		
Date	Content	Curriculum Area
Autumn Term	Sex Ed: Medics Visit	Learning for Life Programme - External Provider
Autumn Term	LGBT Visibility Tutor Act and Assembly	Learning for Life Programme
Autumn Term	Advice and Support for Relationships `	Tutor Programme with the School Nurse
Spring Term	Sexuality and Gender	Learning for Life Programme – External Provider
Year 10 – Core Theme 3: Living in the Wider World		
Date	Content	Curriculum Area
Autumn Term	Caring for the Community Tutor Activity and Assembly	Learning for Life Programme
Autumn Term	Contacting Your Local MP Tutor Activity	Learning for Life Programme
Autumn Term	An Inspector Calls – Social Responsibility	English
Spring Term	Holocaust Memorial Assembly	Tutor Programme
Spring Term	Democracy UK Parliament	Learning for Life Programme
Spring Term	Individual Liberty Within the Rule of Law	Learning for Life Programme
Ongoing	Leadership and Teamwork Skills	Physical Education
Year 10 – Careers		
Date	Content	Curriculum Area
Autumn Term	Nottingham University Speaker	Tutor Programme
Spring Term	Learning from Failure	Learning for Life Programme – External Provider
Spring Term	National Careers Week Careers' Fair	Learning for Life Programme
Spring Term	STEM activities – RAF Visit	Tutor Programme
Spring Term	DANCOP Skills Assemblies	Learning for Life Programme
Ongoing	Individual Careers Meetings	Ideas for Careers