

Year 11 Newsletter 4 21st May 2020



Welcome to the 4th Year 11 Closure Newsletter!

Thank you to all who read last week's newsletter and also got in touch with achievements and news. We will continue to deliver good news, tips, websites and important information during this lockdown period.

In the National News this week...

18th - 24th May: Mental Health Awareness Week

The Mental health foundation believe that mental health is everyone's business.

During this period of time, it is essential to consider this which is why this campaign ran this week.

The theme for the week is KINDNESS.

Kindness can transform our society with the added benefit of helping others to reduce stress and improve emotional wellbeing.

Take a look at some kindness stories and consider what you could do:

https://www.mentalhealth.org.uk/campaigns/mental-health-





In the world of Year 11 ...

- 1 student has been completing online courses to help their further education in September!
- 1 student has completed a weekly running challenge in aid of a charity of their choice!

FANTASTIC NEWS TO HEAR!

WE WANT TO HEAR FROM YOU!

Please share with us any achievements or things you think you've done well. This could be a picture or something they are proud of, please send in to Mr Bacon and we can place in the newsletter to share positive news.

Top Tip of the Week





'Continue to stick to a routine'
It is easier than ever to slip into bad habits

Continue to stick to a routine.

Wake up at the same time.

Exercise at certain points in the day.

Keep yourself busy.

Work Based Learning platform for Students to use ...

Free Courses are available through a new FREE online platform, 'The Skills Toolkit'.

Courses on offer cover a range of levels, from everyday Math's and the use of email and social media to more advanced training.

All courses are available online and are flexible so students can work through at your own pace

Take a look yourselves:

https://theskillstoolkit.campaign.gov.uk

'Kimberley 6th Form'

Those students who are coming back to Kimberley 6th form:

Continue to check Show My Homework for updates.

June 1st: Preparation work will start to be assigned to help you be ready for September.

If you have any questions or issues, please contact the 6th form team

Look after your Mental Health

Stay connected to people – think about how you can stay in touch with friends and family.

Try phone calls, video calls or social media – whether it is with people that you normally see often or connecting with new and old friends.

www.kooth.com

Free, safe and anonymous online support for young people

YOUNGMINDS

Mrs Smith's Thought of the Week...



Useful websites for you to take a look at ...

https://getrevising.co.uk/home-schooling



https://www.getmyfirstjob.co.uk/



A useful and good website that can be used to help find apprenticeships

Take a look if that is something you are interested in!