



P.E.

Years 7-11

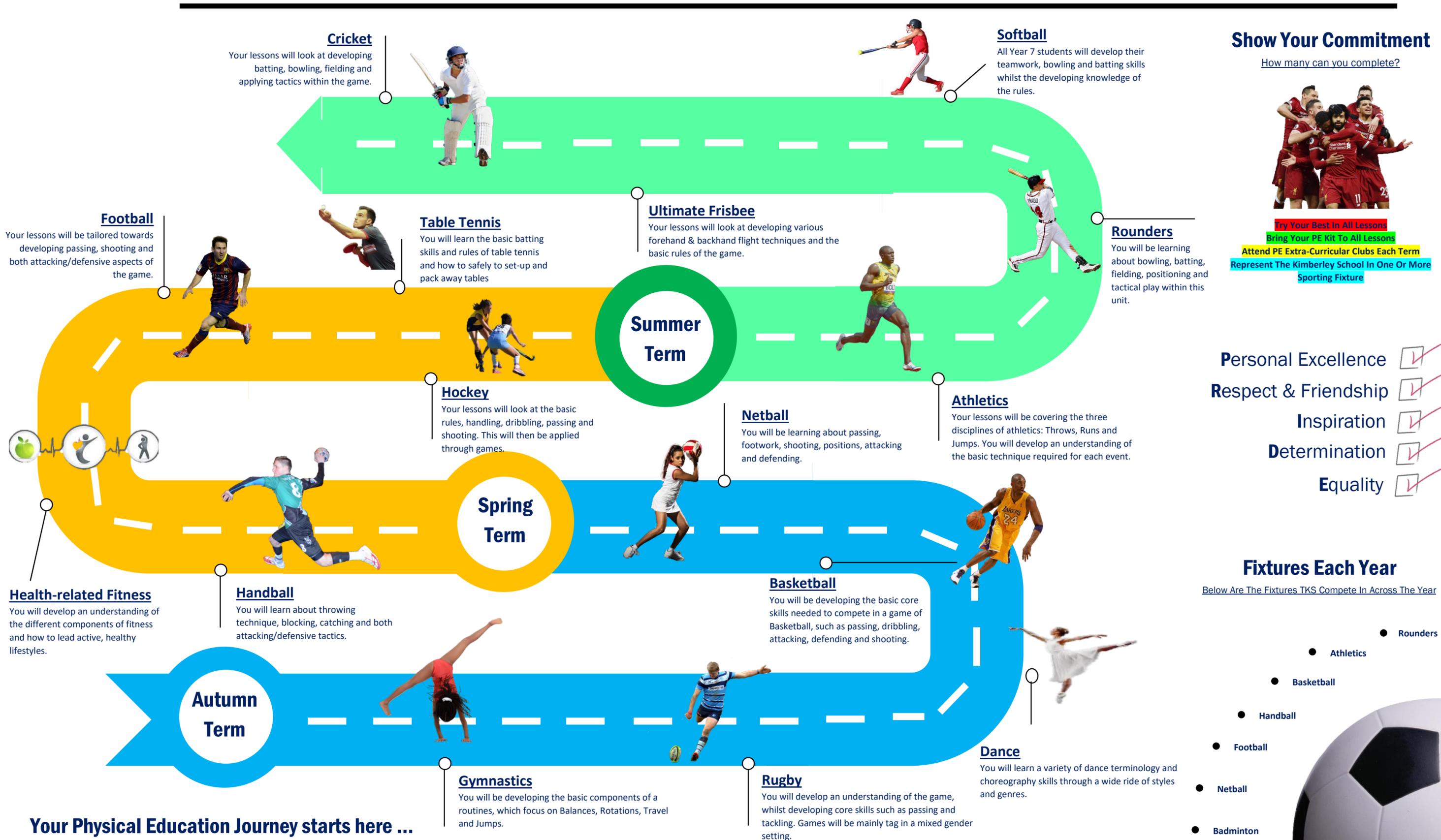
CORE

Curriculum Details

Modules	Content	Parent / Carer Support
Athletics	Within each module students will be expected to:	Your child must bring their school PE kit to every lesson.
Games (e.g football, netball, rugby)	Acquire and developing skills. Make and apply decisions.	If they cannot actively participate due to injury or illness they are still required to bring their kit and they require a note from a parent/guardian explaining the reason. Notes will not be accepted via text message on the student's phone. They require kit as they may be asked where appropriate to participate passively in the lesson (e.g. coaching or analysis of another student's performance work, etc).
Dance	Develop a physical and mental capacity.	We will not expect those students who will cause themselves further injury to get changed.
Gymnastics	Evaluate and improve performance and understanding.	Notes for students with 'colds', 'periods' and 'hay fever' will not be accepted without a doctor's note and the PE teacher will expect them to take part in lesson
Health Related Exercise (HRE)	Make informed choices about active, healthy lifestyles.	
Swimming		Hair must be tied back and nails must be an appropriate length to participate in all physical activities. Practice skills with them at home.
Outdoor and Adventurous Activities (OAA)		Encourage them to participate in extra-curricular clubs/teams. Encourage them to lead a healthy active lifestyle by getting them involved in physical activity outside of school and advising them on what foods/drinks are good/bad for them. If you get the opportunity, take them to watch elite level sport and give them an opportunity to watch a role model, and to inspire them to be like them.

The Kimberley School Physical Education Journey

Year 7 – Creating a Love for Physical Education



Show Your Commitment

How many can you complete?



- Try Your Best In All Lessons
- Bring Your PE Kit To All Lessons
- Attend PE Extra-Curricular Clubs Each Term
- Represent The Kimberley School In One Or More Sporting Fixture

- Personal Excellence
- Respect & Friendship
- Inspiration
- Determination
- Equality

Fixtures Each Year

Below Are The Fixtures TKS Compete In Across The Year

- Rounders
- Athletics
- Basketball
- Handball
- Football
- Netball
- Badminton



Your Physical Education Journey starts here ...